Welcome To Your Handwriting Practice Pack

As adults, sometimes we forget that kids need to learn how to make letters! It's really important for students to learn the basic strokes for both cursive and print (we call it manuscript).

Here are some resources for instruction and practice for print and cursive writing.

WHAT'S INCLUDED

Start with the strokes—just 4 to write clearly!

- Use the **Basic Strokes** pages to work on the fundamentals.
- Letter and Number Formations provide steps for each letter.
- Online Tutorials! Download and print the Digital Tutor Cards. Each has a QR code that links to a FREE animated model showing how to form the letter. Read the directions for use in the letter on the next page.
 Use a Wi-Fi connection to access your demos. (Avoid using your cellular data.)

Move on to practice.

• Practice Pages feature fun ways to write letters.

You can use these resources help to enrich your student(s)' off-site learning experience. We understand this is a really hard time, but hope we've provided something worthwhile!

Sincerely,

Zaner-Bloser

P.S. Did you notice the links in the e-mail to our **Manuscript Paper** and **Cursive Paper Templates**? Grade-level-specific pages include writing lines so students can learn where to begin and end letters. Download and print the pages for additional practice and write-your-own story opportunities.

> All resources are from Zaner-Bloser Handwriting. zaner-bloser.com/handwriting2020



A Highlights Company



Digital Tutor Cards

Following are a series of **Digital Tutor** cards with QR codes from the **Zaner-Bloser Handwriting** program.

Help kids scan the codes with a mobile device to access instructional videos on handwriting, including handwriting basics, letters, and numerals.

Scan this code for an example



Visit the app store on your mobile device to download a free QR code reader or QR code scanner. (**Note:** Some mobile devices come equipped with a QR code reader, so a download might not be necessary.)

When accessing QR codes, connection to a Wi-Fi network is recommended to avoid using your cellular data and incurring overage fees.

For system requirements, go to zaner-bloser.com/system-requirements/qr-code.php.

Storage Suggestions

Cut out the cards and consider storing them in one of these ways.

- Store cards in a zip-top bag or an envelope.
- Organize cards in a recipe box.
- Use a hole punch to create a hole in the top left corner of each card. Place the cards on a key ring or string them together with yarn.

Cursive Letters



Wi-Fi connection is recommended.

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Wi-Fi connection is recommended.

Cursive Letters



Wi-Fi connection is recommended.



Wi-Fi connection is recommended.

Cursive Letters

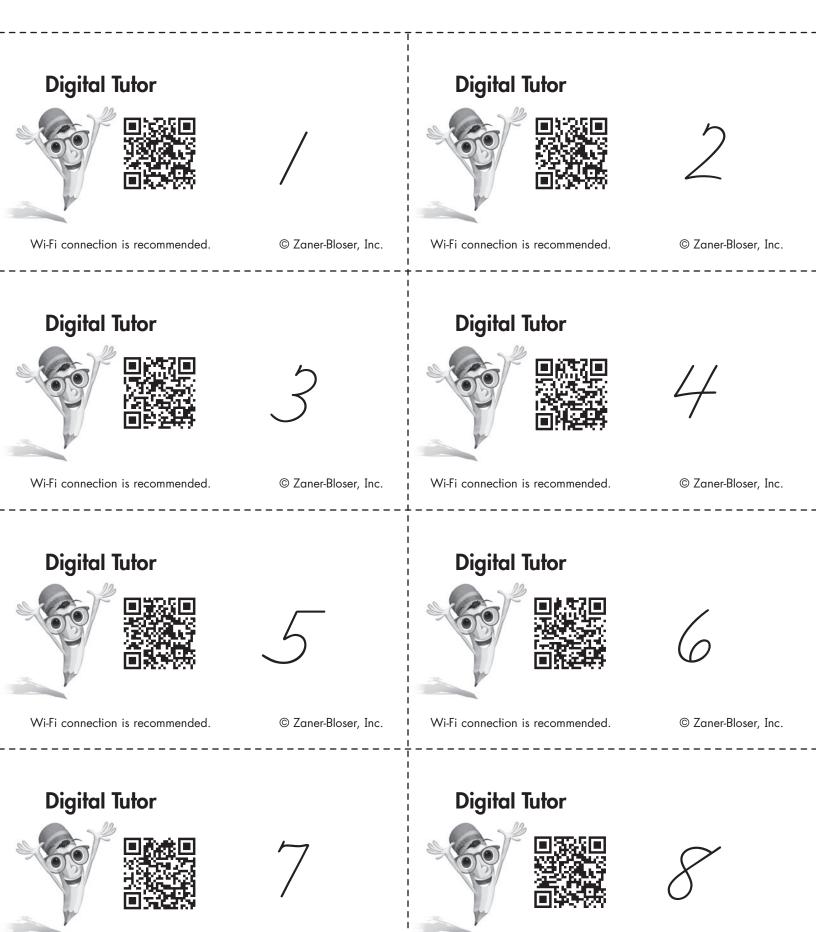


Wi-Fi connection is recommended.

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Wi-Fi connection is recommended.

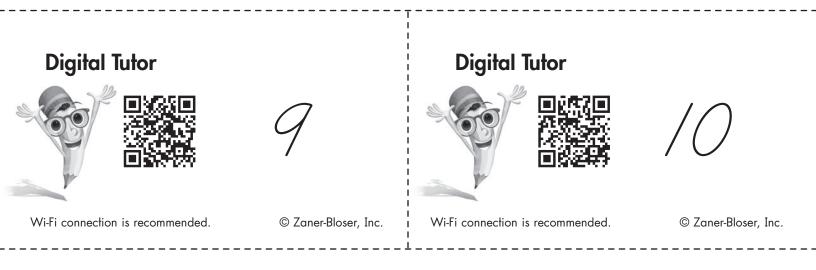




Wi-Fi connection is recommended.

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Wi-Fi connection is recommended.



Basic Strokes: Undercurve

An undercurve stroke swings up.

----_____

Trace the undercurve stroke at the beginning of these lowercase letters.

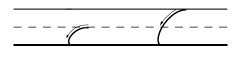
Trace the undercurve stroke at the beginning of these uppercase letters.

Write undercurve strokes. Begin at the dot.

Write undercurve strokes. Begin at the dot.

Basic Strokes: Downcurve

A downcurve stroke dives down.

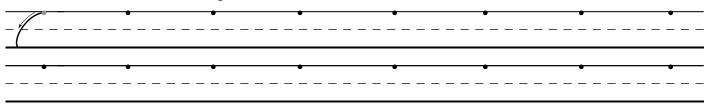


Trace the downcurve stroke at the beginning of these lowercase letters.

Trace the downcurve stroke at the beginning of these uppercase letters.

Write downcurve strokes. Begin at the dot.

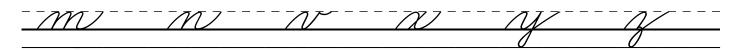
Write downcurve strokes. Begin at the dot.



Basic Strokes: Overcurve

An overcurve stroke bounces up.

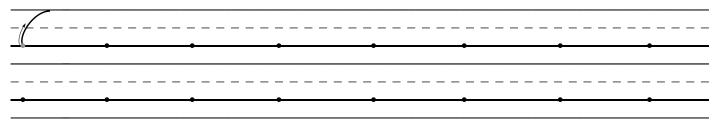
Trace the overcurve stroke at the beginning of these lowercase letters.



Trace the overcurve stroke at the beginning of these uppercase letters.

Write overcurve strokes. Begin at the dot.

Write overcurve strokes. Begin at the dot.



Basic Strokes: Diagonal

A diagonal stroke slides.

Trace the diagonal strokes in these lowercase letters.

Trace the diagonal strokes in these uppercase letters.

_ ___ _ _ _ _ _ _ _ _ _ _

Write diagonal strokes. Begin at the dot.

Write diagonal strokes. Begin at the dot.

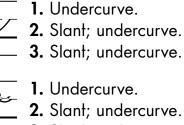
_____ • • _____

Cursive Letter and Numeral Formations



- **1.** Undercurve. 2. Slant; undercurve. Lift. **3.** Dot.
- - 2. Slant; undercurve. Lift. 3. Slide right.

1. Undercurve.



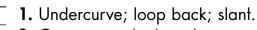
- **3.** Slant; undercurve.
- 4. Checkstroke.

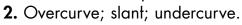


- 1. Undercurve; loop back; slant; undercurve.
- 1. Undercurve; loop back; slant; undercurve.



- 1. Undercurve; loop back; slant; undercurve.
- 2. Checkstroke.







- 1. Undercurve; loop back; slant; loop forward.
- 2. Undercurve.



- 1. Undercurve; loop back; slant. **2.** Overcurve; curve forward;
- curve under. 3. Slant right; undercurve.

- **1.** Undercurve.
- 2. Slant right.
- 3. Slant; undercurve.
- - **1.** Undercurve. **2.** Curve down and back. 3. Undercurve.
- 1. Undercurve.
- 2. Slant; loop back; overcurve. Lift.
 - 3. Dot.



- 1. Undercurve. 2. Slant; loop back; overcurve; curve back.
- 3. Undercurve.



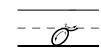
- **1.** Downcurve; undercurve.
- 2. Slant; undercurve.



1. Downcurve; undercurve. 2. Slant; undercurve.



- **1.** Downcurve; undercurve.
- 2. Slant; loop back; overcurve.



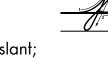
1. Downcurve; undercurve. 2. Checkstroke.



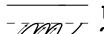
1. Downcurve; undercurve.



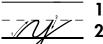
- **1.** Downcurve; undercurve.
- 2. Slant; loop forward.
- 3. Undercurve.



1. Overcurve: slant. **2.** Overcurve; slant; undercurve.



- **1.** Overcurve; slant.
- **2.** Overcurve; slant.
- 3. Overcurve; slant; undercurve.



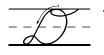
Overcurve; slant; undercurve.



- 2. Slant; loop back; overcurve.
- 1. Overcurve; slant; undercurve. Lift.
- **2.** Slant.
- 1. Overcurve; slant; undercurve. 2. Checkstroke.
- - 1. Overcurve; slant.
 - 2. Overcurve; curve down; loop; overcurve.
- - 1. Downcurve; undercurve. 2. Slant; undercurve.



 Downcurve; undercurve; loop; curve right.



1. Downcurve; loop; curve down and up; loop; curve right.



- 1. Slant. 2. Downcurve; undercurve.
- 1. Slant. 2. Downcurve; loop; downcurve; undercurve.



1. Curve forward; slant. 2. Overcurve; slant; undercurve.



- **1.** Curve forward; slant. 2. Overcurve; slant.
- **3.** Overcurve; slant; undercurve.



- **1.** Curve forward; slant. Lift.
- 2. Curve back; slant.
- **3.** Retrace; loop; curve right.
- **1.** Curve forward; slant. Lift.
- **2.** Doublecurve.
 - **3.** Curve forward and down; undercurve.



- 1. Curve forward; slant; undercurve.
- 2. Slant; undercurve.
- 1. Curve forward; slant; undercurve.
- 2. Slant; loop back; overcurve.



- **1.** Curve forward and down; slant.
- **2.** Overcurve; curve down; loop; overcurve.



1. Curve forward; slant; undercurve; overcurve.



- **1.** Curve forward; slant; undercurve.
- **2.** Slant; undercurve; overcurve.



- **1.** Curve forward; slant; undercurve. Lift.
- **2.** Slant.



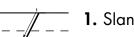
1. Overcurve; curve down and up. 2. Retrace; curve right.

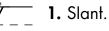
1. Overcurve; slant; loop back;

1. Curve back; overcurve; curve down; retrace; curve forward;



- 1. Undercurve.
- 2. Slant.
 - 3. Retrace; curve forward; loop; curve forward and back.
 - 4. Retrace; curve right.







1. Slant.



- 2. Curve forward; slant. 3. Curve right.
- - 1. Slant.
 - 2. Curve forward and back.
 - 3. Curve forward and back.



- 2. Slide right. Lift.
- 3. Slant.

1. Slant.

1. Slant.



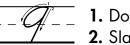
3. Slide right.



- **1.** Curve down and forward; loop.
- 1. Slant.
 - 2. Doublecurve.
 - 3. Slant.

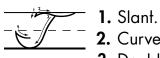


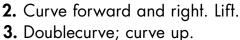
1. Curve back and down; curve back; slant up.



1. Downcurve; undercurve. 2. Slant.

1. Slant. Lift. 2. Downcurve; undercurve.

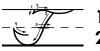




overcurve.

curve under.

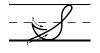
4. Retrace; curve right.



- 1. Slant.
- 2. Curve forward and right. Lift.
- 3. Doublecurve; curve up.
- 4. Retrace; curve right. Lift.
- **5.** Slide right.



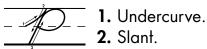
- 1. Undercurve; loop; curve forward.
- 2. Doublecurve; curve up.
- 3. Retrace; curve right.



- 1. Undercurve; loop; curve down and up.
- 2. Retrace; curve right.



1. Undercurve; loop; curve down; loop; curve under.



3. Retrace; curve forward and back.



- **1.** Undercurve.
- 2. Slant.
- 3. Retrace; curve forward and back.
- **4.** Curve forward; undercurve.





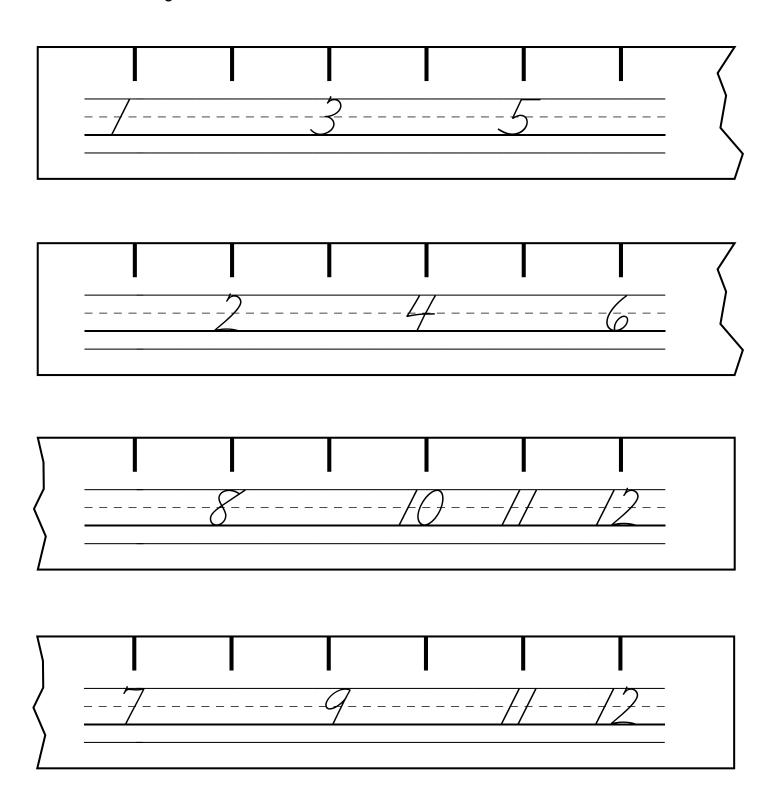
Cursive Numerals

Write the numerals.



Cursive Numerals

Fill in the missing numerals on the rulers.

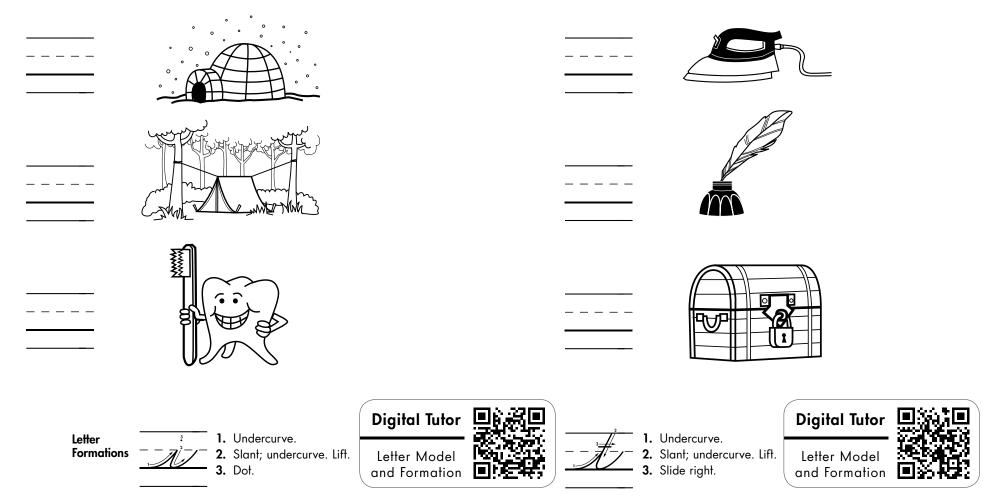


Home Practice

Note to Families: In handwriting, we have been writing the letters \mathcal{N} and \mathcal{I} . Use the models at the bottom of the page to review the formation of these letters with your child. Then spend a few moments

completing the following activity together. For additional practice, have your child write more words that begin with \mathcal{A} or \mathcal{I} .

Write an $\hat{\mathcal{N}}$ beside the pictures that begin with $\hat{\mathcal{N}}$. Write a $\hat{\mathcal{X}}$ beside the pictures that begin with $\hat{\mathcal{X}}$.

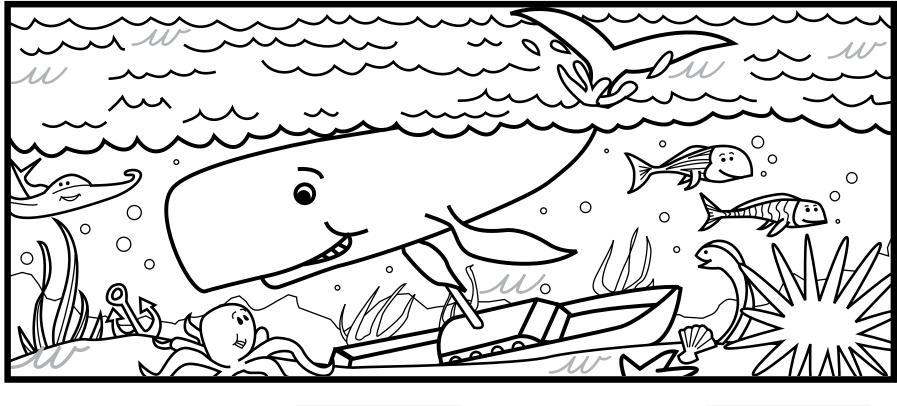


Home Practice

Note to Families: In handwriting, we have been writing the letters \mathcal{M} and \mathcal{W} . Use the models at the bottom of the page to review the formation of these letters with your child. Then spend a few moments

completing the following activity together. For additional practice, have your child use his or her finger to write the letters \mathcal{M} and \mathcal{M} in the air.

Trace the shaded letters to complete the picture. Color the picture.



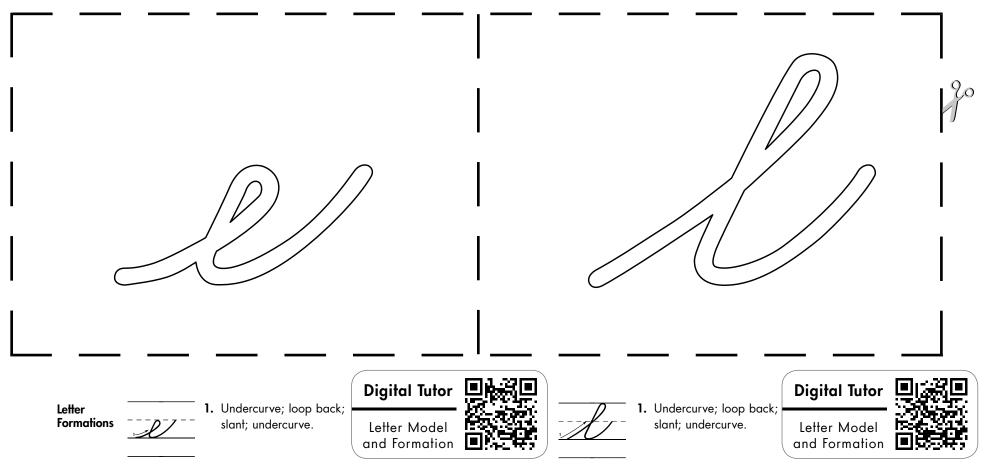




Note to Families: In handwriting, we have been writing the letters \mathscr{N} and \mathscr{N} . Use the models at the bottom of the page to review the formation of these letters with your child. Then spend a few moments

completing the following activity together. For additional practice, have your child use his or her finger to write the letters $\mathscr U$ and $\mathscr U$ in the air.

Cut out the letter cards. Make textured letters by attaching dry noodles, sand, or glitter with glue. Trace the letters with your finger, following the correct letter formation.



Home Practice

Note to Families: In handwriting, we have been writing the letters \mathscr{F} and \mathscr{H} . Use the models at the bottom of the page to review the formation of these letters with your child. Then spend a few moments

Unscramble the letters and write the word on each line.

white hi thi Word Box bull hił lilibe le te m bell web e b w j l h l tub hill **Digital Tutor Digital Tutor 1.** Undercurve; loop back; Letter Undercurve; loop back; Formations slant; undercurve. slant. Letter Model Letter Model 2. Overcurve; slant; 2. Checkstroke and Formation and Formation undercurve.

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completing the following activity together. For additional

practice, scramble more words that contain \mathcal{F} and

 \mathcal{H} , and have your child unscramble them.

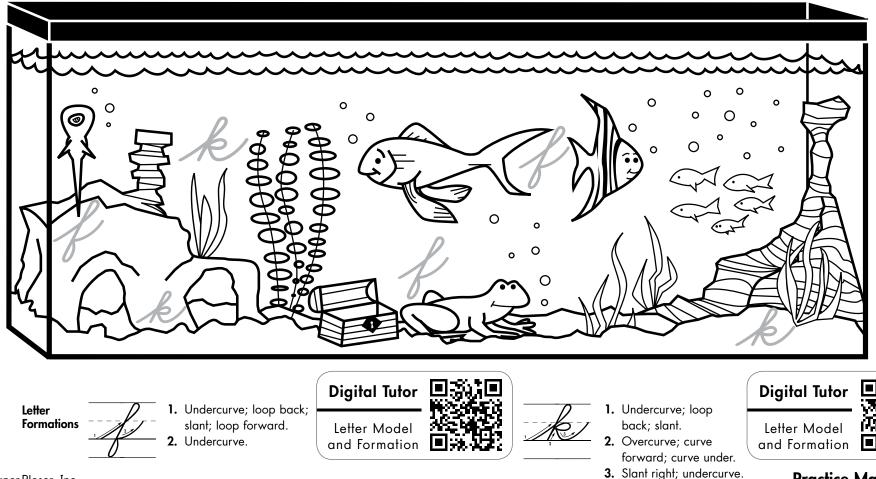
Practice Master 78

Home Practice

Note to Families: In handwriting, we have been writing the letters f and k. Use the models at the bottom of the page to review the formation of these letters with your child. Then spend a few moments

completing the following activity together. For additional practice, have your child write a list of items that begin with f or k.

Trace the shaded letters to complete the picture. Color the picture.



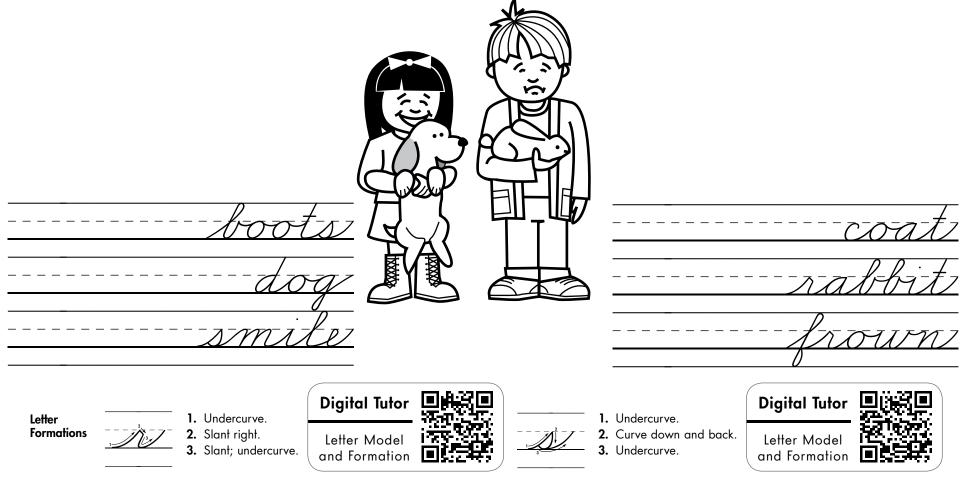
Practice Master 79



Note to Families: In handwriting, we have been writing the letters \mathcal{N} and \mathcal{N} . Use the models at the bottom of the page to review the formation of these letters with your child. Then spend a few moments

completing the following activity together. For additional practice, have your child write a list of more items that can be labeled **his** or **her**.

Label each item his or her according to the picture.

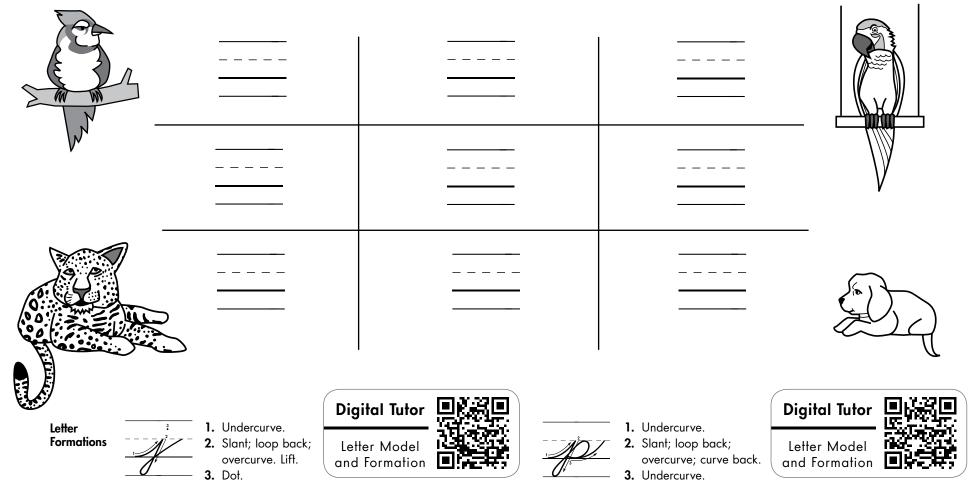




Note to Families: In handwriting, we have been writing the letters \mathcal{J} and \mathcal{P} . Use the models at the bottom of the page to review the formation of these

letters with your child. Then spend a few moments completing the following activity together. For additional practice, switch letters with your child, and play again.

Play tic-tac-toe using j and p.



Practice Master 81

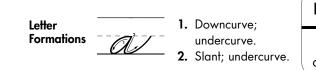
Home Practice

Note to Families: In handwriting, we have been writing the letters α and d. Use the models at the bottom of the page to review the formation of these letters with your child. Then spend a few moments

completing the following activity together. For additional practice, have your child write words that begin with α and d.

Write the letters with a dark crayon or marker. Then use other colors to draw your own letter creatures.









Downcurve; undercurve.
 Slant; undercurve.





Note to Families: In handwriting, we have been writing the letters \mathscr{G} and σ . Use the models at the bottom of the page to review the formation of these letters with your child. Then spend a few moments

Use the letters from the Letter Box to create new dinosaur names. Write the words below.

completing the following activity together. For additional practice, have your child make a list of items that begin with q and σ .

Letter Box

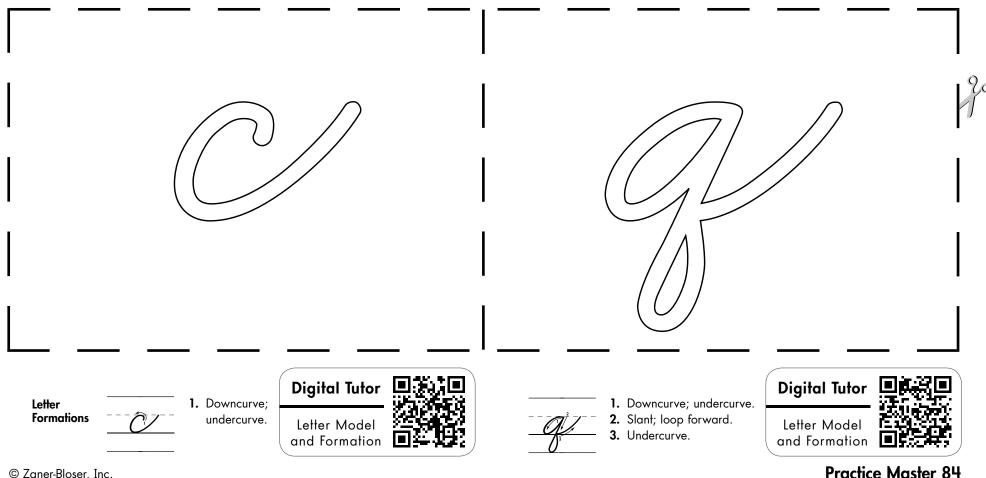
	<u></u>	د د		j prsf kiel w wad go
Digital Tutor		<i>(</i>	KU)	
Letter 1. Downcurve; undercurve.				

Home Practice

Note to Families: In handwriting, we have been writing the letters c and q. Use the models at the bottom of the page to review the formation of these letters with your child. Then spend a few moments

completing the following activity together. For additional practice, have your child use his or her finger to write the letters c and q in the air.

Cut out the letter cards. Make textured letters by attaching dry noodles, sand, or glitter with glue. Trace the letters with your finger, following the correct letter formation.





Note to Families: In handwriting, we have been writing the letters \mathcal{M} and \mathcal{M} . Use the models at the bottom of the page to review the formation of these letters with your child. Then spend a few moments

completing the following activity together. For additional practice, have your child write a list of items that begin with \mathcal{M} or \mathcal{M} .

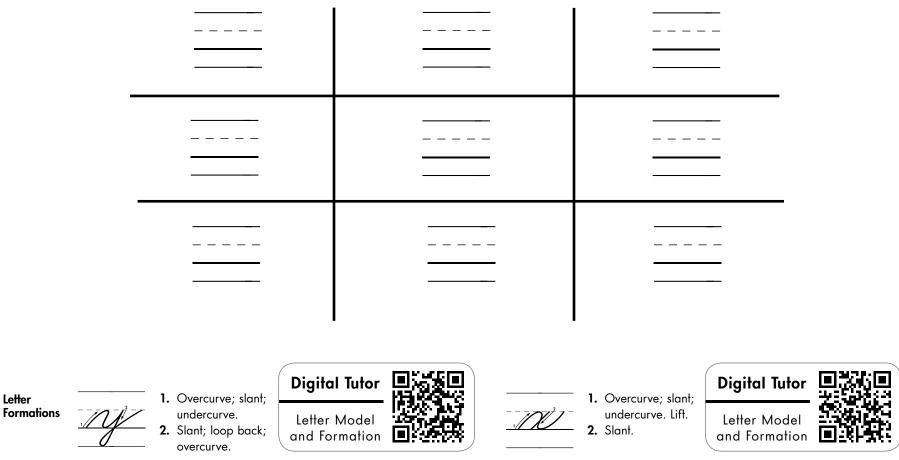
Write a list of items in your home that begin with the letters *m* or *m*.

Letter Formations	Overcurve; slant. Overcurve; slant; undercurve.	Digital Tutor Letter Model and Formation		 Overcurve; slant. Overcurve; slant. Overcurve; slant; undercurve. 	Digital Tutor Letter Model and Formation	



Note to Families: In handwriting, we have been writing the letters $\gamma\gamma$ and ∞ . Use the models at the bottom of the page to review the formation of these letters with your child. Then spend a few moments completing the following activity together. For additional practice, switch letters with your child, and play again.

Play tic-tac-toe using γ and κ .



Letter

Practice Master 86

Home Practice **Note to Families:** In handwriting, we have been writing the letters \mathcal{N} and \mathcal{J} . Use the models at the bottom of the page to review the formation of these letters with your child. Then spend a few moments

completing the following activity together. For additional practice, ask your child more questions that have answers beginning with the letters \mathcal{N} and \mathcal{N} .

Use the words from the Word Box to answer the questions below. Then write a sentence using some of the words.

Word Box zebra		[<u>Z00</u>]	
200	Where might you go on a field tr	ip? What animal h	as stripes?
very vine	From what do monkeys swing?	A trip to the zo	o is fun.



Home Practice

Note to Families: In handwriting, we have been writing the letters \mathcal{A} and \mathcal{O} . Use the models at the bottom of the page to review the formation of these letters with your child. Then spend a few moments

Write the cities and states that are indicated on the map.

completing the following activity together. For additional practice, have your child write more locations that begin with \mathcal{A} and \mathcal{O} .

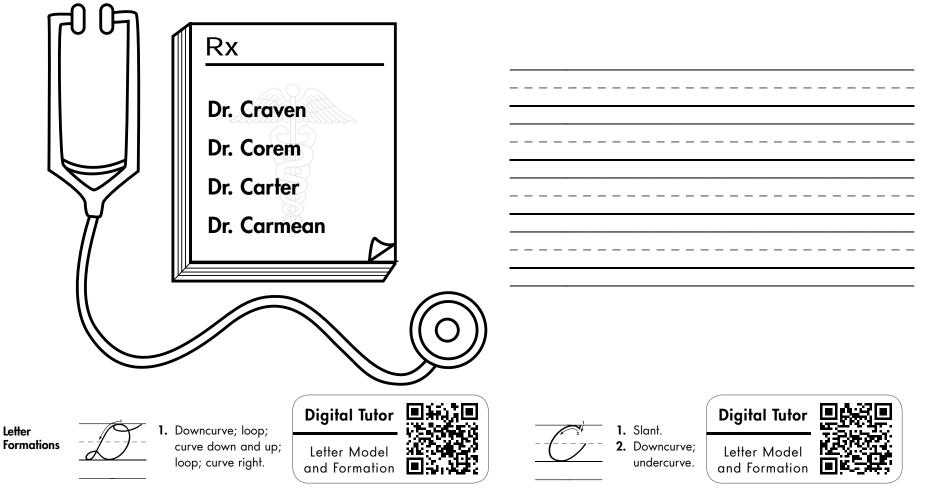




Note to Families: In handwriting, we have been writing the letters \mathcal{D} and \mathcal{C} . Use the models at the bottom of the page to review the formation of these letters with your child. Then spend a few moments

completing the following activity together. For additional practice, have your child write more names that begin with $\mathcal D$ or $\mathcal C.$

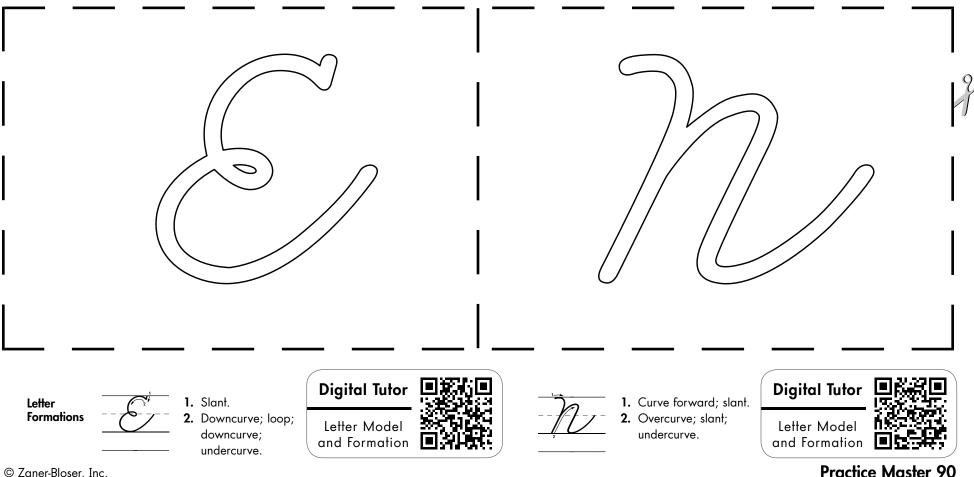
Rewrite the following doctors' names in cursive.



Note to Families: In handwriting, we have been Home Practice writing the letters \mathcal{E} and \mathcal{N} . Use the models at the bottom of the page to review the formation of these letters with your child. Then spend a few moments

completing the following activity together. For additional practice, have your child use his or her finger to write the letters \mathcal{E} and \mathcal{N} in the air.

Cut out the letter cards. Make textured letters by attaching dry noodles, sand, or glitter with glue. Trace the letters with your finger, following the correct letter formation.



Name

Home Practice

Note to Families: In handwriting, we have been writing the letters \mathcal{M} and \mathcal{V} . Use the models at the bottom of the page to review the formation of these letters with your child. Then spend a few moments

completing the following activity together. For additional practice, have your child think of friends' names that begin with \mathcal{M} and \mathcal{V} and practice writing them.

Make a list of girls' names that begin with \mathcal{M} . Make a list of boys' names that begin with \mathcal{H} .

Girls' Names

Boys' Names

Letter Formations 2 2 2 2 2 3 2 3 1. Curve forward; slant. 2. Overcurve; slant. 3. Overcurve; slant; undercurve.	Digital Tutor Letter Model and Formation	 I. Curve forward; slant. Lift. 2. Curve back; slant. 3. Retrace; loop; curve right. Digital Tutor Letter Model and Formation Practice Master 91

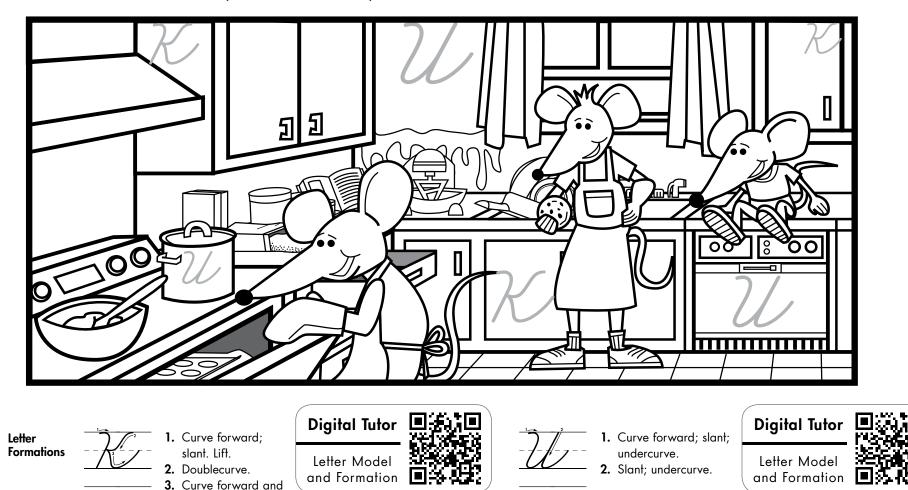
Home Practice

Note to Families: In handwriting, we have been learning the letters \mathcal{K} and \mathcal{U} . Use the models at the bottom of the page to review the formation of these letters with your child. To reinforce these letters, spend

a few moments completing the following activity together. For additional practice, have your child use his or her finger to write $\mathcal K$ and $\mathcal U$ in the air.

Trace the shaded letters in the picture. Color the picture.

down; undercurve.



Practice Master 92



Note to Families: In handwriting, we have been learning the letters \mathcal{Y} and \mathcal{Y} . Use the models at the bottom of the page to review the formation of these letters with your child. To reinforce these letters, spend a few moments completing the following activity together. For additional practice, have your child write a list of place names beginning with \mathcal{Y} and \mathcal{Y} .

Make signs for these city zoos. Use the example to help you. Decorate the signs.

Yellow Yampa Yazoo Yakima York Yankton **Digital Tutor Digital Tutor 1.** Curve forward; 1. Curve forward and Letter **Formations** slant; undercurve. down; slant. Letter Model Letter Model Slant; loop back; 2. Overcurve; curve and Formation and Formation overcurve down; loop; overcurve. Practice Master 93

Home Practice

Note to Families: In handwriting, we have been learning the letters \mathcal{V} and \mathcal{W} . Use the models at the bottom of the page to review the formation of these letters with your child. To reinforce these letters, spend

a few moments completing the following activity together. For additional practice, have your child look for cities that begin with $\mathcal V$ or $\mathcal W$ and practice writing them.

Match each state's name with the correct number on the map. Write the states.





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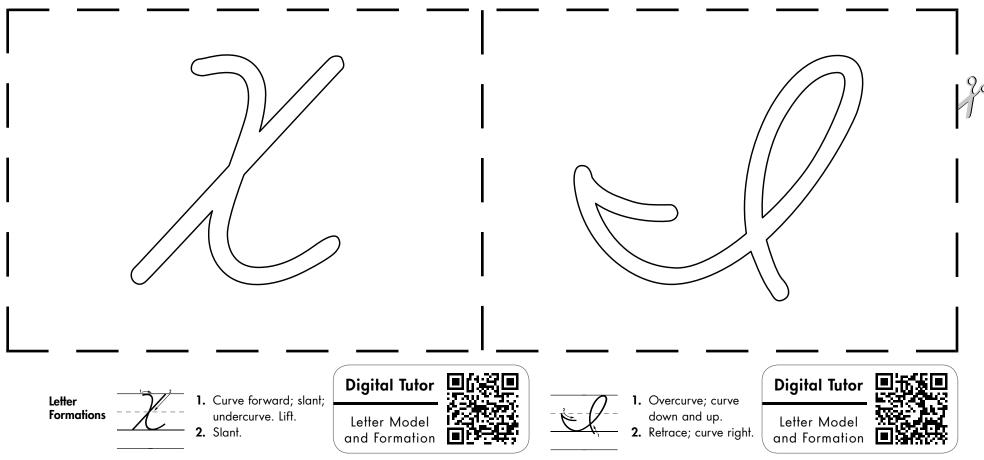


Home Practice

Note to Families: In handwriting, we have been learning the letters \mathcal{X} and \mathcal{A} . Use the models at the bottom of the page to review the formation of these letters with your child. To reinforce these letters, spend

a few moments completing the following activity together. For additional practice, have your child use his or her finger to write the letters \mathcal{X} and \mathcal{L} in the air.

Cut out the letter cards. Make textured letters by attaching dry noodles, sand, or glitter with glue. Trace the letters with your finger, following the correct letter formation.



Name

Home

Note to Families: In handwriting, we have been learning the letters $\not \!$ and $\mathcal Q$. Use the models at the bottom of the page to review the formation of these Practice letters with your child. To reinforce these letters, spend a few moments completing the following activity together. For additional practice, have your child find more names that begin with ${\mathscr J}$ and ${\mathscr Q}$ and practice writing them.

Write the King's invitation list to the ball in cursive.	
Queen Jackie	
Queen Julie	$\sum_{i=1}^{n} \sum_{i=1}^{n} \sum_{i$
Queen Josefina	
Queen Jennifer	} {
Queen Jean	
Queen Janet	
Letter Formations 1. Overcurve; solutions loop back; overcurve.	lant; Letter Model and Formation

Practice Master 96

Home Practice

Note to Families: In handwriting, we have been learning the letters \mathcal{T} and \mathcal{F} . Use the models at the bottom of the page to review the formation of these letters with your child. To reinforce these letters, spend

a few moments completing the following activity together. For additional practice, ask your child more true or false questions and have him or her write the answer.

5. Slide right.

Write in cursive whether the following statements are *True* or *False*.

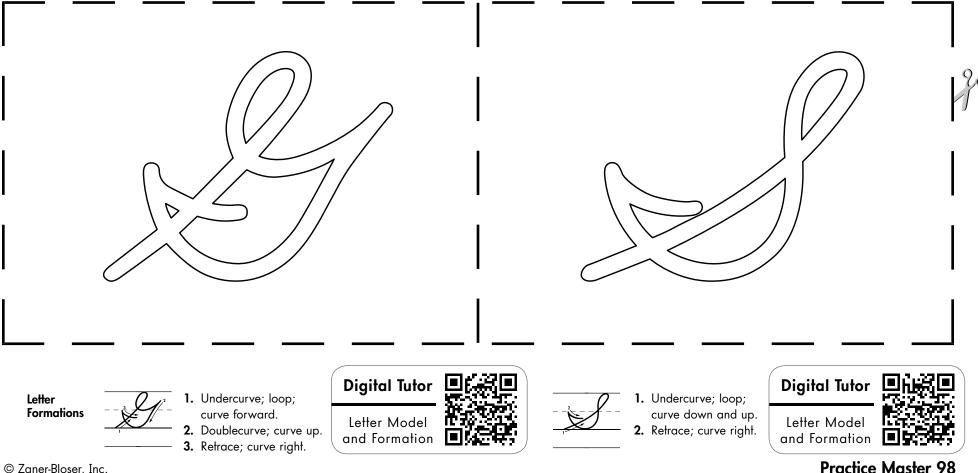
- I. There are 15 months in a year.
- 2. The sun is hot.
- 3. 2+5=I0
- 4. You are old enough to drive a car.
- 5. The colors of the American flag are red, white, and blue.



Home Practice

Note to Families: In handwriting, we have been learning the letters \mathscr{S} and \mathscr{S} . Use the models at the bottom of the page to review the formation of these letters with your child. To reinforce these letters, spend a few moments completing the following activity together. For additional practice, have your child use his or her finger to write the letters \mathscr{L} and \mathscr{L} in the air.

Cut out the letter cards. Make textured letters by attaching dry noodles, sand, or glitter with glue. Trace the letters with your finger, following the correct letter formation.





Note to Families: In handwriting, we have been learning the letters \mathcal{L} and \mathcal{P} . Use the models at the bottom of the page to review the formation of these letters with your child. To reinforce these letters, spend

a few moments completing the following activity together. For additional practice, have your child create more team names that begin with the letters \mathcal{L} and \mathcal{P} .

Select city names and mascots from the lists below to create new sports team names and write them on the lines.

Cities	Mascots		
Paducah	Lobsters		
Lake	Parrots		
Portland	Panthers		· – –
Linden	Llamas		
Lima	Pandas		
Letter Formations	1. Undercurve; loop; curve down; loop; Lette	I Tutor Image: Constraint of the second	



Note to Families: In handwriting, we have been learning the letters \mathcal{R} and \mathcal{B} . Use the models at the bottom of the page to review the formation of these letters with your child. To reinforce these letters, spend

a few moments completing the following activity together. For additional practice, have your child find more words that begin with \mathcal{R} and \mathcal{B} and practice writing them.

Write \mathcal{R} below the items that are usually red. Write \mathcal{B} below the items that are usually blue. Color the items the appropriate color.

